

HOSPITAL & INSTITUTION (H&I) COMMITTEE, AREA 53 (ALAMEDA COUNTY)

All new volunteers are required to attend the Orientation to familiarize themselves with [H&I Policy and Procedures](#), and are welcome to attend the Business Meeting that follows.

ORIENTATION & BUSINESS MEETING: VIRTUAL, FIRST WED. EACH MONTH
6:30pm Orientation / 7:30pm Business Meeting

<https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGtIT0dOMWY2K3Z6UT09>
 Meeting ID: 317 259 5765, Passcode: ACTION

How to Volunteer:

- **ATTEND ORIENTATION MEETING (SEE INFO ABOVE)**
- **For Coordinator positions:** Contact Co-Chair of that section
- **For Secretary positions:** Contact facility Coordinator, or if there is none then contact Co-Chair

Sobriety Requirements:

- Secretary: 6 mos, Coordinator: 3 yrs (incl. 1 yr H&I), Speaker: N/A
- Additional requirements for Correctional Facilities

Speakers always needed at most facilities! Contact Coordinator.

Lit Pickup Instructions (Monthly Drop-in)

For Coordinators: 3rd Sunday of month, 10am - 12pm
 259 29th St., Oakland (Side entrance of church/Peace Center)
 Questions, or contact in advance to request specific Lit:
 Mary P., handi.area53.literature@gmail.com / 510-910-3356

RECOVERY CENTERS CO-CHAIR (For questions, or interest in Coordinator / Speaker positions): Linda S., 925-683-4741 linspencer@aol.com

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Chrysalis House	OAK	MON 7pm	<ul style="list-style-type: none"> ● Residential ● 15 attendees 	W	Chase C	handi.chrysalis@gmail.com	
Cronin House	OAK	THURS 7:30pm	<ul style="list-style-type: none"> ● Residential, locked ● 20 – 25 attendees ● Avg stay 90 days ● Span/Eng mtgs 	M	Tracy L	(925) 594-0322 hounddepot@gmail.com	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
El Chante – 2 Concurrent Mtgs: Spanish & English	OAK	TUES 7pm	<ul style="list-style-type: none"> Residential, locked w/curfew 20 – 25 attendees Avg stay 90 days Residents appreciate H & I visitors 	M	Nigel R. (English meeting) German (Spanish meeting)	(971) 221-7186 (510) 978-2346 mayomes28@gmail.com	Bilingual speakers
Magnolia House Oakland	OAK	TUES 6:30pm	<ul style="list-style-type: none"> Residential recovery program Some clients with babies/small children (do not attend mtg) Avg stay 1-6 mos 5-10 attendees 	W	Amy	(510) 459-7169 amystod@gmail.com	
MPI (Summit Hospital)	OAK	WED 8pm	<ul style="list-style-type: none"> Hospital, restricted 5 – 25 attendees Avg stay 30 days Addiction-related mental health issues also addressed Appreciate MPI alumni speakers 	COED	Tracy L	(925) 594-0322 hounddepot@gmail.com	
NewBridge	OAK	SUN 7pm	<ul style="list-style-type: none"> Avg stay 30 days 	COED	Richard	(510) 301-7369 gloweng@aol.com	
Orchid House	OAK	FRI 7pm	<ul style="list-style-type: none"> Residential, locked Women/families, some small children (do not attend mtg) 3 – 12 attendees Avg stay 60 days – 1 yr 	W	Rebeca	(510) 388-9881 rebelucion@gmail.com	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS	
Salvation Army	OAK	MON 7pm	<ul style="list-style-type: none"> • Drug/alcohol rehab w/work program • Serves 60+ clients • Avg stay 6 mos- 1+ yr • Clients are accountable for their behavior and incredibly grateful for H&I 	M	Zack	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	Secretary Secretaries Secretaries Coordinator and Secretaries	
		TUES 8pm			Chuck K			415-637-7330 Keatts@gmail.com
		THURS 8pm			Austin L			415-645-3755 hal4003@gmail.com
		FRI 8pm			Nick T			nicktuite@gmail.com 650-636-3556
		SAT 3PM			NEEDED			
Shepherd's Gate	LIVER MORE	THU 6pm	<ul style="list-style-type: none"> • Shelter, Christian-based program for domestic violence/family crisis victims • Children (do not attend meeting) • 10 – 20 attendees • Avg stay 9 mos - 2 yrs • Clients incredibly grateful for H&I mtgs 	W	Diane	(510) 376-3590 Djohansen33@gmail.com*		
Fruitvale Healthcare Center	OAK	WED 2PM	<ul style="list-style-type: none"> • 35+ long-term residents 	COED	Eric G.	dragoneag@sbcglobal.net	Secretaries Needed	

* PREFERRED CONTACT

COMMUNITY CENTERS CO-CHAIR (For questions, or interest in Coordinator / Speaker positions): Amy S., 510-459-7169 amystod@gmail.com

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cherry Hill Detox	SAN LEANDRO	MON 2PM TUES 7PM WED 7PM THURS 7PM	<ul style="list-style-type: none"> County detox facility on Fairmount Hospital Campus Short term 3-20 attendees 	COED	COORD. NEEDED! Julie S. Terry P. Nick T.	Amy S. 510-459-7169 amystod@gmail.com 408-833-3477 raidersbunch@yahoo.com 925-525-9663 terrystreeserv@aol.com 650-636-3556	MON Coordinator + 1 Secretary
City Team Oakland	OAK	SUN 7PM	<ul style="list-style-type: none"> Long-term residential addiction recovery Transitional housing, women and children in crisis Avg stay 1-6 mos 4-8 attendees 	W	Rebeca	510-388-9881 rebelucion@gmail.com	
Crossroads Shelter	OAK	MON 6:30PM	<ul style="list-style-type: none"> Largest shelter in Alameda County 100+ residents Many with addiction and/or mental health issues 1-6 attendees 	COED	Todd R.	925-344-2966 todd.roy.925@gmail.com	1 Secretary + 1 Backup Secretary
Gladman Hospital	OAK	THURS 6:30PM	<ul style="list-style-type: none"> Psych facility Short and long-term 3-8 attendees 	M	Julio B.	510-326-8052 juliobarba@sbcglobal.net	3 Secretaries
Heritage House	OAK	SUN 3:15 - 4PM	<ul style="list-style-type: none"> 26-bed crisis support psych hospital, locked 6-10 attendees 	COED	Adolph F.	510-909-3551 adolphfelix@yahoo.com	1 Secretary

FACILITY	CITY	DAY/TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Jay Mahler Recovery Center	SAN LEANDRO	TUES 7:30PM	<ul style="list-style-type: none"> 30-day program, located on Fairmont Hospital Campus Dual diagnosis mental health/addiction John George grads 4-12 attendees Informal, open discussion 	COED	Dave F.	510-909-6977 fraserd@comcast.net	1 Secretary
John George Psychiatric	SAN LEANDRO	MON 7PM WEDS 2PM THURS 7PM	<ul style="list-style-type: none"> Short term crisis support psych hospital, locked 1-15 attendees Wed mtg emergency unit, patients who have just been admitted or waiting transfer Appropriate for all experience levels of H&I volunteers – beginners to more seasoned 	COED	Richard K. Steve R. Joseph R.	408-621-5046 richkamimura@gmail.com Steve.Roberts2112@yahoo.com 310-227-9848 jodaro93@gmail.com	WED 1 Secretary
Magnolia House Hayward	HAYWARD	WED 7PM	<ul style="list-style-type: none"> Residential recovery program Some clients with babies/small children (do not attend mtg) Avg stay 1-6 mos 5-10 attendees 	W	Liz T.	925-818-1098 tootsiesrockridge@gmail.com	1 Secretary
Villa Fairmont Mental Health	SAN LEANDRO	MON 3:15PM FRI 2:15PM	<ul style="list-style-type: none"> Dual diagnosis mental health/addiction John George grads 5-20 attendees Unable to host speakers 	COED	Dave F.	510-909-6977 fraserd@comcast.net	
Willow Rock	SAN LEANDRO	WED 7PM	<ul style="list-style-type: none"> Teens age 12-17 Lock-down psych facility Short term crisis support 	COED	Terri L. H.	510-289-8626	
Berkeley Drop-In Center	BERKELEY	TUES 2PM	<ul style="list-style-type: none"> A multi-purpose community center run by and for past and present mental health clients and persons undergoing significant emotional distress. 	COED	Joseph R.	jodaro93@gmail.com	Secretaries Needed

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Kaiser Outpatient Adolescent	OAKLAND	First TUES 5pm	<ul style="list-style-type: none"> • Adolescents • Outpatient 	COED	Jenn D.	jduarte204@gmail.com 520-417-9767	

CORRECTIONAL FACILITIES CO-CHAIR (For questions, or interest in Coordinator positions): Linda S., 925-683-4741 linspencer@aol.com

FACILITY	CITY	DAY/ TIME	DESCRIPTION	COORD.	CONTACT INFO	GEND	NGP	OPEN POSITIONS
San Quentin Penitentiary	SAN QUENTIN	6 days/wk	<ul style="list-style-type: none"> • Maximum security prison. • Clearance and training required. • Other criteria apply. 	Curtis C	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	M	NGP	Spanish-speaking volunteers. 10 years' sobriety and 5 years H&I experience (preferably in a correctional facility). Male and female volunteers are ok.
San Quentin Inside Visiting Sponsorship Service	SAN QUENTIN	n/a	<ul style="list-style-type: none"> • One-on-one sponsorship. • In person visits at least once monthly, plus sponsor-by-mail, phone call and/or text. 	Maxie	(510)461-6611 Sanquentinivss@gmail.com	M	NGP	Male volunteers, 5 years' sobriety & solid sponsorship.
Santa Rita Men's Jail	DUBLIN	Wed, 7 pm 2 mtgs	<ul style="list-style-type: none"> • County jail. • Clearance and training required. 	Larry	Contact Co-Chair Linda S., 925-683-4741 linspencer@aol.com	M	NGP	Male volunteers, 2 years' sobriety & H&I experience.
Santa Rita Women's Jail	DUBLIN	Wed. 6 pm 3 mtgs	<ul style="list-style-type: none"> • County jail. • Clearance and training required. 	Tammie C	santaritahanditammie@gmail.com	W	NGP	Female volunteers, 2 years' sobriety & H&I experience.