

# HOSPITAL & INSTITUTION (H&I) COMMITTEE, AREA 53 (ALAMEDA COUNTY)

All new volunteers are required to attend the Orientation to familiarize themselves with [H&I Policy and Procedures](#), and are welcome to attend the Business Meeting that follows.

**ORIENTATION & BUSINESS MEETING: VIRTUAL, FIRST WED. EACH MONTH: 6:30pm Orientation / 7:30pm Business Meeting**

Zoom Link: <https://us02web.zoom.us/j/3172595765?pwd=L3grSk5KQkZtMGtIT0dOMWY2K3Z6UT09>

**Meeting ID: 317 259 5765 Passcode: ACTION**

## How to Volunteer:

- Attend Orientation Meeting (Info Above)
- **For Coordinator positions:** Contact Co-Chair of that section
- **For Secretary positions:** Contact facility Coordinator, or if there is none then contact Co-Chair

## Sobriety Requirements:

- Secretary 6 mos/Coordinator 3 yrs + 1 yr H&I, Speaker N/A
- Additional requirements for Correctional Facilities

**Speakers are always needed at most facilities!** Contact Coordinator

## Lit Pickup Instructions (Monthly Drop-in)

**For Coordinators: 3rd Sunday of month, 10am - 12pm**

259 29th St., Oakland (Side entrance of church/Peace Center)

Questions, or contact in advance to request specific Lit:

Mary P., [handi.area53.literature@gmail.com](mailto:handi.area53.literature@gmail.com) / 510-910-3356

**RECOVERY CENTERS CO-CHAIR (Questions/interest in Coord/Speaker pos.): Joseph R. (310) 227-9848 [jodaro93@gmail.com](mailto:jodaro93@gmail.com)**

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Chrysalis House	OAK	MON 7pm	<ul style="list-style-type: none"> <li>• Residential</li> <li>• 15 attendees</li> </ul>	W	Chase C	<a href="mailto:handi.chrysalis@gmail.com">handi.chrysalis@gmail.com</a>	<b>NOTE: FINAL MEETING NOV. 17. CONVERTING TO MEN'S FACILITY</b>
Cronin House	OAK	THUR 7:30pm	<ul style="list-style-type: none"> <li>• Residential, locked</li> <li>• 20 – 25 attendees</li> <li>• Avg stay 90 days</li> <li>• Span/Eng mtgs</li> </ul>	M	Tracy L	925 594-0322 <a href="mailto:hounddepot@gmail.com">hounddepot@gmail.com</a>	
El Chante – 2 Concurrent Mtgs: Spanish & English	OAK	TUES 7pm	<ul style="list-style-type: none"> <li>• Residential, locked w/curfew</li> <li>• 20 – 25 attendees</li> <li>• Avg stay 90 days</li> <li>• Residents appreciate H &amp; I visitors</li> </ul>	M	Nigel R. (English meeting)  German (Spanish meeting)	971 221-7186  510 978-2346 <a href="mailto:mayomes28@gmail.com">mayomes28@gmail.com</a>	<b>Back up secretaries</b>  <b>Bilingual speakers</b>

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Magnolia House Oakland	OAK	MON 6pm	<ul style="list-style-type: none"> <li>Residential recovery program</li> <li>Some clients with babies/small children (do not attend mtg)</li> <li>Avg stay 1-6 mos</li> <li>5-10 attendees</li> </ul>	W	Amy	510 459-7169 <a href="mailto:amystod@gmail.com">amystod@gmail.com</a>	
MPI (Summit Hospital)	OAK	WED 8pm	<ul style="list-style-type: none"> <li>Hospital, restricted</li> <li>5 – 25 attendees</li> <li>Avg stay 30 days</li> <li>Addiction-related mental health issues also addressed</li> <li>Appreciate MPI alumni speakers</li> </ul>	COED	Tracy L	925 594-0322 <a href="mailto:hounddepot@gmail.com">hounddepot@gmail.com</a>	
NewBridge	OAK	SUN 7pm	<ul style="list-style-type: none"> <li>Avg stay 30 days</li> </ul>	COED	Richard	510 301-7369 <a href="mailto:gloweng@aol.com">gloweng@aol.com</a>	
Orchid House	OAK	FRI 7pm	<ul style="list-style-type: none"> <li>Residential, locked</li> <li>Women/families, some small children (do not attend mtg)</li> <li>3 – 12 attendees</li> <li>Avg stay 60 days – 1 yr</li> </ul>	W	Rebeca	510 388-9881 <a href="mailto:rebelucion@gmail.com">rebelucion@gmail.com</a>	
Salvation Army	OAK	MON 7pm  TUES 8pm  THURS 8pm  FRI 8pm  SAT 3PM	<ul style="list-style-type: none"> <li>Drug/alcohol rehab w/work program</li> <li>Serves 60+ clients</li> <li>Avg stay 6 mos- 1+ yr</li> <li>Clients are accountable for their behavior and incredibly grateful for H&amp;I</li> </ul>	M	Zack  Chuck K  Austin L  NEEDED  NEEDED	Contact Co-Chair Linda S., 925-683-4741 <a href="mailto:linspencer@aol.com">linspencer@aol.com</a>  415-637-7330 <a href="mailto:Keatts@gmail.com">Keatts@gmail.com</a>  415-645-3755 <a href="mailto:hal4003@gmail.com">hal4003@gmail.com</a>	2 Secretaries (Tues)  Coordinator and Secretaries (Fri)  Coordinator and Secretaries (Sat)

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Shepherd's Gate	LIVERMORE	THUR 6pm	<ul style="list-style-type: none"> <li>Shelter, Christian-based for domestic violence/family crisis victims</li> <li>Children (do not attend meeting)</li> <li>10 – 20 attendees</li> <li>Avg stay 9 mos - 2 yrs</li> </ul>	W	Diane	(510) 376-3590 <a href="mailto:Djohansen33@gmail.com">Djohansen33@gmail.com</a> (email preferred contact method)	
Fruitvale Healthcare Center	OAK	WED 2PM	<ul style="list-style-type: none"> <li>35+ long-term residents</li> </ul>	COED	Eric G.	510-543-4220 <a href="mailto:dragoneag@sbcglobal.net">dragoneag@sbcglobal.net</a>	2 Secretaries
Garfield Neurobehavioral Center	OAK	TBD	<ul style="list-style-type: none"> <li>Serves clients 18-64 with neuro-deficits</li> </ul>	COED	<b>NEEDED</b>		Coordinator + Secretaries

**COMMUNITY CENTERS CO-CHAIR (Questions/interest in Coord/Speaker pos. contact Amy S. 510-459-7169 [amystod@gmail.com](mailto:amystod@gmail.com))**

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Cherry Hill Detox	SAN LEANDRO	<b>MON 2PM</b>  TUES 7PM  WED 7PM  THURS 7PM	<ul style="list-style-type: none"> <li>County detox facility on Fairmount Hospital Campus</li> <li>Short term</li> <li>3-20 attendees</li> </ul>	COED	<b>NEEDED</b>  Julie S.  Terry P.  Nick T.	408-833-3477 <a href="mailto:raidersbunch@yahoo.com">raidersbunch@yahoo.com</a>  925-525-9663 <a href="mailto:terrystreeserv@aol.com">terrystreeserv@aol.com</a>  650-636-3556	MONDAY-Coordinator
City Team Oakland	OAK	SUN 7PM	<ul style="list-style-type: none"> <li>Long-term residential addiction recovery</li> <li>Transitional housing, women and children in crisis</li> <li>Avg stay 1-6 mos</li> <li>4-8 attendees</li> </ul>	W	Rebeca	510-388-9881 <a href="mailto:rebelucion@gmail.com">rebelucion@gmail.com</a>	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Gladman Hospital	OAK	THURS 6:30PM	<ul style="list-style-type: none"> <li>Psych facility</li> <li>Short and long-term</li> <li>3-8 attendees</li> </ul>	COED	Julio B.	510-326-8052 <a href="mailto:juliobarba@sbcglobal.net">juliobarba@sbcglobal.net</a>	
Heritage House	OAK	SUN 3:15 - 4PM	<ul style="list-style-type: none"> <li>26-bed crisis support psych hospital, locked</li> <li>6-10 attendees</li> </ul>	COED	Adolph F.	510-909-3551 <a href="mailto:adolphfelix@yahoo.com">adolphfelix@yahoo.com</a>	
Jay Mahler Recovery Center	SAN LEANDRO	TUES 7:30PM	<ul style="list-style-type: none"> <li>30-day program, located on Fairmont Hospital Campus</li> <li>Dual diagnosis mental health/addiction</li> <li>John George grads</li> <li>4-12 attendees</li> <li>Informal, open discussion</li> </ul>	COED	Dave F.	510-909-6977 <a href="mailto:fraserd@comcast.net">fraserd@comcast.net</a>	<b>Secretary</b>
John George Psychiatric	SAN LEANDRO	MON 7PM  WEDS 2PM  THURS 7PM	<ul style="list-style-type: none"> <li>Short term crisis support psych hospital, locked</li> <li>1-15 attendees</li> <li>Wed mtg emergency unit, patients who have just been admitted or waiting transfer</li> <li>Appropriate for all experience levels of H&amp;I volunteers – beginners to more seasoned</li> </ul>	COED	Joseph R.  Rezan A.  Richard K.	310-227-9848 <a href="mailto:jodaro93@gmail.com">jodaro93@gmail.com</a>  510-679-8672 <a href="mailto:Rez.asfaw@gmail.com">Rez.asfaw@gmail.com</a>  408-621-5046 <a href="mailto:richkamimura@gmail.com">richkamimura@gmail.com</a>	<b>5th Thurs Secretary</b>
Magnolia House Hayward	HAYWARD	WED 7PM	<ul style="list-style-type: none"> <li>Residential recovery program</li> <li>Some clients with babies/small children (do not attend mtg)</li> <li>Avg stay 1-6 mos</li> <li>5-10 attendees</li> </ul>	W	Liz T.	925-818-1098 <a href="mailto:tootsiesrockridge@gmail.com">tootsiesrockridge@gmail.com</a>	<b>2 Secretaries</b>
Villa Fairmont Mental Health	SAN LEANDRO	MON 3:15PM  FRI 2:15PM	<ul style="list-style-type: none"> <li>Dual diagnosis mental health/addiction</li> <li>John George grads</li> <li>5-20 attendees</li> <li>Unable to host speakers</li> </ul>	COED	Dave F.	510-909-6977 <a href="mailto:fraserd@comcast.net">fraserd@comcast.net</a>	
Willow Rock	SAN LEANDRO	WED 7PM	<ul style="list-style-type: none"> <li>Teens age 12-17</li> <li>Lock-down psych facility</li> <li>Short term crisis support</li> </ul>	COED	Terri L. H.	510-289-8626	

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
Berkeley Drop-In Center	BERKELEY	WED 2PM	<ul style="list-style-type: none"> <li>Multi-purpose community center run by and for past/present mental health clients, and people under significant emotional distress</li> </ul>	COED	<b>NEEDED</b>		<b>Coordinator + Secretaries</b>
Kaiser Outpatient Adolescent	OAK	FIRST TUES 5PM	<ul style="list-style-type: none"> <li>Adolescents</li> <li>Outpatient</li> </ul>	COED	Jenn D.	<a href="mailto:jduarte204@gmail.com">jduarte204@gmail.com</a> 520-417-9767	
Masonic Homes	UNION CITY	WED 4PM	<ul style="list-style-type: none"> <li>Senior living with 500 residents</li> <li>Mix of independent and assisted living</li> </ul>	COED	H.E.	<a href="mailto:javabed12@gmail.com">javabed12@gmail.com</a> 510-364-5207	
Our Place	OAK	TUES 12PM	<ul style="list-style-type: none"> <li>Provides support for mental health, substance use, housing, employment</li> <li>Clients often without basic needs</li> </ul>	COED	Daniela P.	<a href="mailto:danicalitx@gmail.com">danicalitx@gmail.com</a> 510-461-5017	<b>3 Secretaries</b>

**CORRECTIONAL FACILITIES CO-CHAIR (Questions/interest Coord/Speaker pos. contact Carl P. 510-816-0787 [carlprice384@gmail.com](mailto:carlprice384@gmail.com))**

FACILITY	CITY	DAY/ TIME	DESCRIPTION	CLIENT GENDER	COORDINATOR	CONTACT INFO	OPEN POSITIONS
San Quentin Rehabilitation Center	SAN QUENTIN	6 days/wk	<ul style="list-style-type: none"> <li>Maximum security prison</li> <li>Clearance and training required</li> <li>Other criteria apply</li> <li>Not a good place to start</li> </ul>	M	Curtis C	Contact Co-Chair Carl P (510) 816-0787 <a href="mailto:carlprice384@gmail.com">carlprice384@gmail.com</a>	<b>Spanish speaking volunteer for Saturday meeting, Sunday afternoons. 2 yrs sobriety, H&amp;I experience, preferably in corrections.</b>
San Quentin Inside Visiting Sponsorship Service	SAN QUENTIN	n/a	<ul style="list-style-type: none"> <li>One-on-one sponsorship.</li> <li>In person sponsorship electronically</li> <li>Not a good place to start</li> </ul>	M	Maxie	510 461-6611 <a href="mailto:Sanguentiniivss@gmail.com">Sanguentiniivss@gmail.com</a>	<b>Male volunteers, 5 years' sobriety &amp; solid sponsorship.</b>
Santa Rita Men's Jail	DUBLIN	Wed, 7 pm 2 mtgs	<ul style="list-style-type: none"> <li>County jail.</li> <li>Clearance and training required.</li> <li>Not a good place to start</li> </ul>	M	Larry	Contact Co-Chair Linda S., 925-683-4741 <a href="mailto:linspencer@aol.com">linspencer@aol.com</a>	<b>Volunteers needed, 2 years' sobriety &amp; H&amp;I experience.</b>
Santa Rita Women's Jail	DUBLIN	Wed. 6 pm 3 mtgs	<ul style="list-style-type: none"> <li>County jail.</li> <li>Clearance and training required.</li> <li>Not a good place to start</li> </ul>	W	Tammie C	<a href="mailto:tjcarrera@hotmail.com">tjcarrera@hotmail.com</a>	